

UNFORGETTABLE PRESENCE

How to Use Your Body Language to Communicate with Stronger Impact and Connection

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Don't let your intensity hold you back! Your body language says more about you than your actual words, and people cannot hear the intent of your message when they can't get past how you are delivering it. The energy you show up with every day as a leader impacts your credibility and your ability to cultivate both trust and influence.

This highly interactive keynote program will challenge leaders to take accountability for their leadership presence, teach them how to see what most people miss, leverage the four power zones on the body to communicate with authentic confidence, and flex their style to show empathy and collaboration.

Your presence matters, and the best leaders know how to use their body language to meet people where they are. This session will get you out of your seat, make you laugh, and change the way you see yourself and others. You won't want to miss this!

“ Justin's session on leveraging and understanding body language in the business world was eye-opening. His engaging style coupled with his vast knowledge provided one of the best sessions we have had. Every person in the business world can learn from Justin!

- Kathy Gosser, Director of Breakthrough University KFC



PROGRAM OBJECTIVES

- Discuss impact of nonverbal communication
- Use 4 power zones on body to communicate with confidence
- Understand the look and feel of empathy and collaboration
- Flex your style so you can meet people where they are
- Communicate with stronger leadership presence

PROGRAM LOGISTICS



TIMING OF PROGRAM

60 Minute Keynote Presentation



SUPPORTING MATERIALS

All participants will complete a learning map
Follow-up blog posts via email



EMOTIONAL INTELLIGENCE COMPETENCIES TARGETED

Emotional Expression | Assertiveness | Empathy
Interpersonal Relationships | Flexibility