

# DISRUPTIVE LEADERSHIP

How to Build Trust, Transform the Energy, and Ignite a Culture People Love

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The best organizations have empowering leaders at all levels of the organization. Empowering leaders take responsibility for their energy and the downstream impact it creates. They understand the presence and mindset they show up with every day is shaping engagement, culture, and the next generation of leaders that will move the organization forward.

Your energy - and the energy you allow in the organization - is causing a disruption, whether positive or negative. **Disruptive Leadership** is an interactive session that will have leaders explore the three core energy levels, the disruption created at each level, identify how they authentically show up most often, and outline how they can strategically cultivate the type of leadership energy that will set their organization up for future success.

When we fail to hold leaders accountable for how they get results, everyone suffers. Engagement is lower. Culture is diminished, and we indirectly tell employees that results are the only thing that matters. There is another way, and it starts by taking responsibility for your energy.

“ **The skills our members learned will help them be more effective leaders... Justin scored the highest of any of our speakers and we will certainly invite him back in the future.** ”

- Ali Crane, Executive Director  
Kentucky Chamber of Commerce Executives



## PROGRAM OBJECTIVES

- Identify what it means to be disruptive
- Define energy and the impact it has on culture/engagement
- Explore the three levels of energy
- Highlight core behaviors and actions in each energy level
- Articulate what triggers you into lower levels of energy
- Discuss how one's energy impacts trust & influence

## PROGRAM LOGISTICS



### TIMING OF PROGRAM

60-90 Minute Keynote Presentation



### SUPPORTING MATERIALS

All participants will complete a learning map  
3 Levels of Energy Job Aid



### EMOTIONAL INTELLIGENCE COMPETENCIES TARGETED

Self-Regard | Self-Actualization | Emotional Self-Awareness  
Emotional Expression | Interpersonal Relationships | Optimism