WHY DO YOU DO WHAT YOU DO?

**Pivotal People**
List people who have shaped you (good and bad) and the lesson-learned from each one

**Critical Experiences**
List the experiences that have shaped you (both good and bad) and the lesson-learned from each one

**Theme:**
Identify the theme(s) that had a big impact on your life
My Top 3 Strengths
Identify your top 3 strengths.

My Purpose Statement:
Write your purpose statement in a complete sentence. It should explain why you do what you do.

A Change of Perspective!
How does being able to articulate and honor this purpose statement change your perspective on how you show up?