

# 8 QUESTIONS

to help you make a choice & move forward in life

---

If you want to achieve the goals you set for yourself then you must be willing to disrupt your old patterns of behavior that keep you playing small.

---

*Here are 8 questions that challenge you to take an honest look at yourself and make some different choices.*

01. What choice honors your definition of 'happiness' the best?
02. If you could believe there were no wrong paths, what decision would you make?
03. What would it feel like to be in the same exact space a year from now?
04. What decision aligns more to your core values?
05. If you didn't have to figure everything out, what would you say is the "next right answer"?
06. If you could allow your choices to be bigger than your fear, what would you do?
07. What choice would you look back on and be most proud of yourself for making?
08. What choice would honor the best of who you are and who you want to be?



**JUSTIN PATTON**

Leadership & Communication Coach

Looking for a Keynote Speaker or Coach?  
[justinpatton.com](http://justinpatton.com) | [justin@justinpatton.com](mailto:justin@justinpatton.com)

